



UPDATE
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Serving individuals, communities, business, government, and organizations since 1992

The Seed Planter: Carol Wright's Legacy Garden

If asked to briefly describe herself, Carol Wright identified as an African American female, single mother of two, grandmother of one, and born in Sacramento. Here at **Lang & Associates**, she was our brilliant friend, highly esteemed colleague and all-star “good trouble” team player. When she passed away unexpectedly last February, Carol left us reeling with disbelief, sorrow and an indescribable sense of loss. We will forever be grateful for her many contributions through the years and how she challenged us *to learn more and do better* in a world afflicted by inequities.



Carol also identified as a seed-planter and cultivated others' thoughts and feelings as skillfully as she did the thriving greenery on her patio. Whether as a mediator, a large group facilitator or a project partner, she moved through troubled waters with grace, clarity and resolve. She saw conflict and discomfort as ripe opportunities. In 2018, while co-designing the **Can We CHAT**^{®pending} program, there were a lot of those often provocative “opportunities.” Still, as human beings with diverse opinions and histories, we stayed the course and “walked our talk.” By leaning into discomfort and expanding mutual awareness, we have been able to grow Carol's seedling concept into a compelling process for having difficult conversations about race and racism.

For every flourishing garden we come upon this spring, Carol's life legacy reminds us to pause, breathe deep and appreciate those who diligently turn and nourish the soil of hope, wisdom and courage.

*Custom strategies and
programs to support how
we live, work and interact*

Clippings from Carol's Legacy Garden

Signature remark: “Some people are just crazy. Keep calm and carry on.”

Operating principle: Pushing envelopes extends the limits of possibility.

A favorite quote: “When someone deeply listens to you it is like holding out a dented cup you've had since childhood and watching it fill up with cold, fresh water...”
– John Fox, *Finding What You Didn't Lose*



Check out our new informational video:
<https://www.langandassociates.net/can-we-chat.html>

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